

S M A S K

S.1 NUTRITION AND FOOD TECHNOLOGY

PROJECT

Make a home decoration item using art to bring out the importance of healthy eating. (include plenty of vegetables or plenty of fruits)

NB: Remember the quotes eg

- (i) Eat well, live well, be well.
- (ii) Eating well is a form of self respect.
- (iii) A healthy outside starts from inside.
- (iv) Nothing brings people together like good food.

E N D